

Application

Spiritual Exercises of St. Ignatius in Daily Life

Also known as "The 19th Annotation Retreat"

Application deadline: **Thursday, September 12, 2024** to

wwilliams@sjnstcharles.org

or to SJN parish office

1. Name:
2. Cell Phone:
3. E-mail address
4. Mailing address:
5. Birth date / Age:
6. Gender:
7. Occupation
8. Are you a parishioner at St. John Neumann parish in St. Charles?
9. If not, what is your religious denomination and what is your parish or church?
10. This retreat will be facilitated by Deacon Willie Williams from St. John Neumann Parish, St. Charles, IL. He is the certified spiritual director for the retreat.
- 10a. Do you have a preference for working with a man or a woman, or are you equally comfortable with either as your spiritual director?
- 10b. Have you ever had a spiritual director before? If yes, please describe how you benefited from it.

10c. If no, please describe in a few sentences how you hope a spiritual director might benefit your spiritual life?

11. For centuries, St. Ignatius' Spiritual Exercises have had a powerful effect on the spiritual life of Catholics, as well as Christians of many denominations. It is a nine-month retreat that includes these three expectations:

- commit to 45 minutes of daily prayer using scripture aligned to Spiritual Exercises
- participate in a 75-minute meeting with fellow retreatants twice a month (early Sunday mornings 8:00-9:15 at SJN in Room 122; schedule to follow)
- attend a 45-60 minute spiritual direction session once a month

***12. In one to two pages, please share some background about your faith journey up to this point. Email this to deacon.willie.williams@gmail.com**

Share only to the depth you feel comfortable. Please include:

- A brief description of your spiritual journey. Provide a short background on your faith formation as a child and how your relationship with God has grown and deepened.
- Any significant life experiences
- Your preferred prayer practices
- Any significant retreat experiences or study programs
- Share briefly the role scripture reading plays in your prayer life.
- What makes you feel ready, at this point in your life, to make the Spiritual Exercises of St. Ignatius in Daily Life, also known as the 19th Annotation retreat?
- *What do you desire God might provide you on this retreat?

***** Please note: You will receive a follow-up phone call personally welcoming you to the retreat. The first class is on Sunday, September 22, 2024, in room 122 from 8:00- 9:15 am at SJN. A schedule of the class sessions, held twice a month on Sunday mornings, will be provided as well as the dates of monthly spiritual direction visits.**

Spiritual Direction is offered on Monday or Tuesdays-mornings and evenings. Details TBD.

There is no cost to the retreat except for the cost of the book used. Arrangements later.